



American Tribal Style Bellydance

Tribal Fundamentals - Level 1: Tribal Steps and Posture

This class is for all new students, regardless of dance level or prior experience in any style of dance.

Level 1 is taught over an 8 week session. This class will teach the fundamental steps in the ATS vocabulary: choo choo, Arabic basic, pivot pumps, Egyptian basic and shimmy (fast moves) as well as taxem, maya, chest circles, snake arms and body wave (slow moves). We will focus on tribal steps technique and posture in this class. No previous dance experience required.

Session 3: June 2 – July 21, 2009

Time: Tuesdays : 6 – 7:15pm

Fee: \$80.00 per session

Due to a curriculum that builds on previous week's class, we cannot allow drop-in at this level

Instructor: Joyce Young

info@tribalwallah.net or (907) 374-8153 to leave message

Class Location

Dance Theatre Fairbanks

656 7th Avenue – in the Old City Fire Station

Fairbanks AK 99701

Registration form and more details on our website at

www.tribalwallah.net

Please note space is limited to 15 students and pre-registered students will get priority.



"Imagine this: there was a time in history, a long time ago, when the bounce and sway of a woman's hips was considered so beautiful that they set it to music and made a dance out of it..."

Carolena Nerricio, Fat Chance Belly Dance